

# NEW PARENT SUPPORT PROGRAM

2019

# Baby Boot Camp



0800-1530

NPSP ACTIVITY ROOM

FRI:

25 Jan

22 Feb

15 Mar

26 Apr

17 May

21 Jun

26 Jul

23 Aug

20 Sep

18 Oct

15 Nov

13 Dec

**A hands-on workshop  
to assist you in caring  
for your new baby!**

Discuss infant development and the importance of bonding and attaching with your baby. Learn how to enjoy, nurture, and calm your baby. How to prepare the nursery, diaper, feed, bathe, and dress your baby.

**SPACE IS LIMITED**

**Call 703.784.4248 to register.**



2034 Barnett Ave  
Little Hall, Lower Level