

JAN 11

FEB 8

MAR 14

APR 11

MAY 9

JUN 13

JUL 11

AUG 8

SEP 12

OCT 10

NOV 14

BABY BOOT CAMP



8AM-4PM

CLASS IS FOR EXPECTING PARENTS.
A full-day class to provide parents with an understanding of their infant's world and basic skills for the transition to parenthood.

SCAN QR CODE OR VISIT :
[TINYURL.COM/BBC2024](https://tinyurl.com/BBC2024)



TOPICS DISCUSSED

**REGISTRATION REQUIRED
NO LATER THAN SEVEN
DAYS PRIOR TO CLASS.**

★ **POSTPARTUM**

★ **SHAKEN BABY SYNDROME (SBS)**

★ **BASIC INFANT CARE & BABY SAFETY**

★ **PERIOD OF PURPLE CRYING**

★ **SUDDEN INFANT DEATH SYNDROME (SIDS)**

★ **PARENTAL SELF-CARE**



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