



NEW PARENT SUPPORT PROGRAM

# September 2026

| Sun. | Mon.                          | Tue.                                                                                                                                                                  | Wed.                             | Thu.                  | Fri. | Sat. |
|------|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-----------------------|------|------|
|      |                               | 1<br><b>Breastfeeding Basics</b><br>                                                 | 2<br>Tots in Tow                 | 3<br><b>Play Day</b>  | 4    | 5    |
| 6    | 7<br><b>LABOR DAY HOLIDAY</b> | 8                                                                                                                                                                     | 9<br>Tots in Tow<br><b>TRIBE</b> | 10<br><b>Play Day</b> | 11   | 12   |
| 13   | 14<br><b>Play Day</b>         | 15<br><b>Baby Boot Camp</b><br><i>Recommended for 3<sup>rd</sup> trimester</i><br>   | 16<br>Tots in Tow                | 17<br><b>Play Day</b> | 18   | 19   |
| 20   | 21<br><b>Play Day</b>         | 22<br><b>**MIF (date change)</b><br>                                               | 23<br>Tots in Tow                | 24<br><b>Play Day</b> | 25   | 26   |
| 27   | 28<br><b>Play Day</b>         | 29<br><b>Baby Boot Camp</b><br><i>Recommended for 3<sup>rd</sup> trimester</i><br> | 30<br>Tots in Tow                |                       |      |      |

## Registration Required through Eventbrite:

**Baby Boot Camp:** 9 AM – 4 PM  
**Breastfeeding Basics:** 11 AM – 1 PM  
**Pregnancy 101:** 11 AM – 1 PM  
**TRIBE:** 4:30 PM - 5:30 PM  
**Mothers In Formation (MIF):** 2 PM – 3:30 PM  
**NO Registration Required:**  
**Play Day:** 10 AM – 11:30 AM  
**Tots In Tow:** 10 AM – 11 AM

Check Facebook and/or your email for any updates to the Tots in Tow schedule.

CAN TO REGISTER ON EVENTBRITE



**Baby Boot Camp:** Welcome to families expecting a baby in the 3<sup>rd</sup> trimester.

**Breastfeeding Basics:** Welcome to families planning to breastfeed.

**Pregnancy 101:** Welcome to families who are planning for pregnancy or in 1<sup>st</sup> trimester. Next in October.

**TRIBE:** Welcome to Single Parents who want to connect with and build a community.

**Mothers in Formation:** Welcome to Active-Duty who are pregnant or post-partum.

**Play Date & Tots in Tow:** Welcome to families with children 0 - 5 years.