

NEW PARENT SUPPORT PROGRAM

November 2026

Mon.	Tue.	Wed.	Thu.	Fri.
2	3 **Breastfeeding Basics** 11am-1pm @ NPSP	4 **Tots in Tow** 10am-11am @ Butler Stadium Track	5 **Play Day** 10-11:30 @ NPSP	6
9 **Play Day** 10-11:30 @ NPSP	10 Happy Birthday Marines!	11 Veterans Day	12 **Play Day** 10-11:30 @ NPSP	13
16 **Play Day** 10-11:30 @ NPSP	17 **Baby Boot Camp** 9am-4pm @ NPSP Recommended for 3rd trimester	18 **Tots in Tow** 10am-11am @ Butler Stadium Track	19 **Play Day** 10-11:30 @ NPSP	20
23 **Play Day** 10-11:30 @ NPSP	24	25	26	27
30 **Play Day** 10-11:30 @ NPSP			Check Facebook for schedule updates	

Happy Thanksgiving

Notes

Registration Required through Eventbrite:

Baby Boot Camp: Designed for families expecting a baby in the 3rd trimester.

Breastfeeding Basics: Learn more about breastfeeding prior to birth.

Pregnancy 101: Ideal of families who are planning for pregnancy or in the 1st trimester.

Mothers In Formation (MIF): Designed for Active-Duty who are pregnant or post-partum

NO Registration Required:

Play Day & Tots In Tow (walking group): Welcome to families with children 0 - 5 years.

SCAN TO REGISTER ON EVENTBRITE

2034 Barnett Ave, Little Hall, Lower Level, Quantico, VA 22134

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