

Suicide is preventable. Safely securing firearms and other lethal means, especially in the midst of a crisis, will save lives.

DID YOU KNOW?

- Most who died by suicide were facing an emotional crisis, such as a failed relationship or disciplinary action.
- Many were under the influence of alcohol, increasing their impulsive decision to die.
- Most didn't want to die; they wanted their pain to end.
- End state: Safe storage especially during times of emotional distress, saves lives.



RESOURCES AND INFORMATION

- For non-crisis help, contact Military OneSource (Dial 800-342-9647).
- Service members, Veterans, and their family members can call the <u>Military/Veterans Crisis Line</u>, available 24/7, if they are in distress or experiencing a suicidal crisis (Dial 988, Press 1).
- For additional resources available through your local MCCS installation, visit: <u>www.usmc-mccs.org/protect</u>.

