



NEW PARENT SUPPORT PROGRAM

October 2026

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 Play Day	2	3
4	5 Play Day	6 Breastfeeding Basics 	7 Tots in Tow	8 Play Day	9	10
11	12 Holiday	13 Baby Boot Camp Recommended for 3 rd trimester 	14 Tots in Tow	15 Play Day	16	17
18	19 Play Day	20 Mothers In Formation Preg 101 	21 Tots in Tow	22 Play Day	23	24
25	26 Play Day	27 Baby Boot Camp Recommended for 3 rd trimester 	28 Tots in Tow	29 Play Day COSTUME PARTY	30	31

Registration Required through Eventbrite:

Baby Boot Camp: 9 AM – 4 PM
Breastfeeding Basics: 11 AM – 1 PM
Pregnancy 101: 11 AM – 1 PM
Mothers In Formation (MIF): 2 PM – 3:30 PM

NO Registration Required:

Play Day: 10 AM – 11:30 AM *NPSP Playroom in Little Hall, lower level
Tots In Tow: 10 AM – 11 AM *Butler Stadium track

Notes



Check Facebook and/or your email for any updates to the Tots in Tow schedule.

SCAN TO REGISTER ON EVENTBRITE



Baby Boot Camp: Welcome to families expecting a baby in the 3rd trimester.

Breastfeeding Basics: Welcome to families planning to breastfeed.

Pregnancy 101: Welcome to families who are planning for pregnancy or in 1st trimester

Mothers in Formation: Welcome to Active-Duty who are pregnant or post-partum.

Play Day & Tots in Tow: Welcome to families with children 0 - 5 years.

2034 Barnett Ave Little Hall Lower Level, Quantico, VA 22134



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