

MCCS

NEW PARENT SUPPORT PROGRAM

December 2026

Mon.	Tue.	Wed.	Thu.	Fri.
	1 **Breastfeeding Basics** 11am-1pm @ NPSP	2 **Tots in Tow** 10am-11am @ Butler Stadium Track	3 **Play Day** 10am-11:30am @ NPSP	4
7 **Play Day** 10am-11:30am @ NPSP	8 **Baby Boot Camp** 9am-4pm @ NPSP *Recommended in 3rd trimester*	9 **Tots in Tow** 10am-11am @ Butler Stadium Track	10 **Play Day** 10am-11:30am @ NPSP	11
14 **Play Day** 10am-11:30am @ NPSP	15 **Mothers in Formation** 2pm-3:30pm @ NPSP	16 **Tots in Tow** 10am-11am @ Butler Stadium Track	17 **Play Day** **Holiday Party!** 10am-11:30am @ NPSP	18
21 **Play Day** 10am-11:30am @ NPSP	22	23	24	25
28 **Play Day** 10am-11:30am @ NPSP	29	30 **Play Day** **Noon Year's Eve Party!** 10:30am-12:30pm @ NPSP	31 **Happy New Year's Eve**	

Happy Holidays!

Notes

Registration Required through Eventbrite:

Baby Boot Camp: Designed for families expecting a baby in the 3rd trimester.

Breastfeeding Basics: Learn more about breastfeeding prior to birth.

Pregnancy 101: Ideal of families who are planning for pregnancy or in the 1st trimester.

Mothers In Formation (MIF): Designed for Active-Duty who are pregnant or post-partum

NO Registration Required:

Play Day & Tots In Tow (walking group): Welcome to families with children 0 - 5 years.

SCAN TO REGISTER ON EVENTBRITE

2034 Barnett Ave Little Hall Lower Level, Quantico, VA 22134

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