



NEW PARENT SUPPORT PROGRAM

May 2026

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
3	4 Play Day	5 Breastfeeding Basics 	6 Tots in Tow	7 Play Day	8	9
10	11 Play Day	12 Baby Boot Camp 	13 Tots in Tow TRIBE	14 Play Day	15	16
17	18 Play Day	19 Mothers in Formation	20 Tots in Tow	21 Play Day	22	23
24	25 MEMORIAL DAY HOLIDAY	26 Baby Boot Camp 	27 Tots in Tow	28 Play Day	29	30 31

Notes

Baby Boot Camp: 9 AM – 4 PM | Register on Eventbrite
Breastfeeding Basics:** 11 AM – 1 PM | Register on Eventbrite
Play Day:** 10:00 AM – 11:30 AM | NO REGISTRATION REQUIRED
Pregnancy 101:** 11 AM – 1 PM | Registration REQUIRED (Call 703.784.4248)
Mothers In Formation Postpartum Support Group:** 11 AM – 1 PM | Register on Eventbrite
TRIBE** 4:30PM - 5:30PM | Register on Eventbrite
Tots in Tow**10:00 AM – 11:00AM | NO REGISTRATION REQUIRED

SCAN TO REGISTER ON EVENTBRITE



**Welcome to mothers who are currently, or will be, breastfeeding

**Welcome to family with children 0-5 years

** Welcome to active-duty mothers expecting through children age 5

**Welcome to families with children 0-5 years

** Welcome to anyone who is pregnant or planning for pregnancy

** Welcome to single parents of 0-5yr olds

** Welcome to families with children 0-5 years

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