



NEW PARENT SUPPORT PROGRAM

August 2026

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
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2	3 Play Day	4 Breastfeeding Basics 	5 Tots In Tow	6 Play Day	7	8
9	10 Play Day	11 Baby Boot Camp <i>Recommended for 3rd trimester</i> 	12 Tots In Tow TRIBE	13 Play Day	14	15
16	17 Play Day	18 MIF Post Partum Support Group 	19 Popsicles in the Park	20 Play Day	21	22
23	24 Play Day	25 Baby Boot Camp <i>Recommended for 3rd trimester</i> 	26 Tots In Tow	27 Play Day	28	29
30	31 Play Day					

Notes

Baby Boot Camp: 9 AM – 4 PM | **Register on Eventbrite**

Breastfeeding Basics:** 11 AM – 1 PM | **Register on Eventbrite**

Play Day:** 10:00 AM – 11:30 AM | **NO REGISTRATION REQUIRED**

TRIBE** 4:30PM - 5:30PM | **Register on Eventbrite**

Pregnancy 101:** 11 AM – 1 PM | **Register on Eventbrite**

Tots In Tow:** 10 AM – 11 AM | **NO REGISTRATION REQUIRED**

Mothers In Formation Postpartum Support Group:** 2 PM – 3:30 PM | **Register on Eventbrite**



Popsicles in the Park will replace Tots in Tow on the 19th. Join us at the covered playground (Barnett Pavilion).

SCAN TO REGISTER ON EVENTBRITE



****Welcome to mothers who are currently, or will be, breastfeeding**

****Welcome to family with children 0 - 5 years**

****Welcome to Single Parents who want to connect with others**

****Welcome to families with children 0 – 5 years**

****Welcome to Active-Duty Post-partum mothers**

****Welcome to anyone who is pregnant or planning for pregnancy**

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