



NEW PARENT SUPPORT PROGRAM

# February 2026

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 <b>Play Day</b>	3 <b>Breastfeeding Basics</b> 	4	5	6	7
8	9 <b>Play Day</b>	10 <b>Baby Boot Camp</b> 	11 T.R.I.B.E.	12 <b>Play Day</b>	13	14
15	16 <b>President's Day</b>	17 <b>Mothers in Formation</b>	18	19 <b>Play Day</b>	20	21
22	23 <b>Play Day</b>	24 <b>Baby Boot Camp</b> 	25	26 <b>Play Day</b>	27	28

Notes

**Baby Boot Camp:** 9 AM – 4 PM | Register on Eventbrite

**Breastfeeding Basics\*\*:** 11 AM – 1 PM | Register on Eventbrite

**Play Day\*\*:** 10:00 AM – 11:30 AM | NO REGISTRATION REQUIRED

**Pregnancy 101\*\*:** 1 PM – 3 PM | **Registration REQUIRED** (Call 703.784.4248)

**Mothers In Formation Postpartum Support Group\*\*:** 11 AM – 1 PM | Register on Eventbrite

**T.R.I.B.E\*\*** 1630-1730 Register on Eventbrite

SCAN TO REGISTER  
ON EVENTBRITE



\*\*Welcome to mothers who are currently, or will be, breastfeeding

\*\*Welcome to family with children 0-5 years

\*\*Welcome to active-duty mothers expecting through children age 5

\*\*Welcome to families with children 0-5 years

\*\*Welcome to anyone who is pregnant or planning for pregnancy

\*\* Welcome to single parents of 0-5yr olds

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