



NEW PARENT SUPPORT PROGRAM

# May 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 Play Day	2	3
4	5 Play Day	6 Breastfeeding Basics 	7	8 Play Day	9	10
11 Happy Mother's Day	12 **Paint & Play 	13 Baby Boot Camp 	14	15 Play Day **Single Parent Lunch & Learn	16	17
18	19 Play Day	20	21	22 Play Day	23	24
25	26 Memorial Day 	27	28	29 Play Day	30	31

Notes

**Baby Boot Camp:** 9 AM – 4 PM | Registration REQUIRED (Call 703.784.4248)

**Breastfeeding Basics:** 11 AM – 1 PM | Registration REQUIRED (Call 703.784.4248)

**Pregnancy 101:** 11 AM – 1 PM | Registration REQUIRED (Call 703.784.4248)

**Play Day\*\*:** 10:00 AM – 11:30 AM | NO REGISTRATION REQUIRED

**Single Parent Lunch & Learn\*\*:** 12:00 PM – 1:00 PM | REGISTRATION REQUIRED (Call 703.784.4248)

**Paint & Play\*\*:** 11:00 am to 1:00 PM | REGISTRATION REQUIRED (CALL 703.784.4248)

\*\*Welcome to mothers who are currently, or will be, breastfeeding

\*\*Welcome to family with children 0 - 5 years

\*\*Welcome to Single Parents who want to connect with others

\*\* Paint & Play is replacing Play Day for May 12th.

2034 Barnett Ave Little Hall  
Lower Level  
Quantico, VA 22143



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