

# CLASS REGISTRATION & FEE INFORMATION

This program is open to all DoD ID card holders and their family members.

**SEVEN WEEK SUMMER SESSION:**  
JUNE 14 - JULY 28

## REGISTRATION:

Expressions Stafford Studio  
263-109 Garrisonville Road  
Stafford, VA 22554  
May 23-27 | 4:30-7:30 PM

## SUMMER SESSIONS FEES:

Tumble With Me: \$43.75/7 Weeks  
Dance With Me: \$70/7 Weeks  
Dance & Gymnastics: \$87.50/7 Weeks

## SUMMER REGISTRATION FEES:

ONE CHILD: \$15  
FAMILY: \$20

## SCHEDULE CHANGES MAY BE NECESSARY:

Classes may be cancelled, changed (age/level/style), added, or levels combined based on enrollment.

## FOR MORE

### INFORMATION CONTACT:

D&G Expressions  
540.720.5406 or email:  
Dgexpressions.info@gmail.com



# 2022

7 WEEKS

# SUMMER DANCE & GYMNASTICS CLASSES

QUANTICO YOUTH CENTER



For more information, call 540.720.5406



quantico.usmc-mccs.org  
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mccsquantico mcsquantico

# DANCE

## TUESDAYS:

- JUNE 14, 21, 28
- JULY 5, 12, 19, 26

### DANCE WITH ME

**4:00-4:45 PM**

This class is focused on caregiver and child interaction. The instructor guides caregivers and students through Creative Movement and Acro skills. This class encourages development of motor, social, and overall developmental skills. **(Proper attire required – snug fitting clothing that allows free movement)**

**\$70/7 Weeks | Ages: 1-3 years | Limit: 8**

### MINI BALLET & TAP

**5:00-5:50 PM**

Basic ballet and tap skills are taught using fun interactive music and activities. **(Proper attire required – any color leotard, tights, pink ballet shoes, black tap shoes. NO SKIRTS)**

**\$87.50/7 Weeks | Ages: 4-6 years | Limit: 12**

### DANCE ADVENTURE

**6:00-6:50 PM**

Basic and intermediate ballet and jazz skills are taught using fun and interactive music and activities. **(Proper attire required – any color leotard, tights, either pink ballet shoes or black jazz shoes. NO SKIRTS)**

**\$87.50/7 Weeks | Ages 7+ years | Limit: 12**

# GYMNASTICS

## THURSDAYS:

- JUNE 16, 23, 30
- JULY 7, 14, 21, 28

### TUMBLE WITH ME

**4:00-4:45 PM**

Climb, jump, tumble, and play with your toddler in an open play gymnastics class. This class encourages development of motor, social, and overall developmental skills. **(Non Instructional)**

**\$43.75/7 Weeks | Ages 1-3 years | Limit: 12**

### MINI GYMNASTICS

**5:00-5:50 PM**

Emphasis on interaction with other children and gross motor skills. Introduction to balance beam, vault, bars, and tumbling. **(Proper attire required: Girls: gymnastics leotard, bare feet, hair pulled back. Boys: bike shorts and fitted t-shirts)**

**\$87.50/7 Weeks | Ages 3.5-6 years | Limit: 12**

### BEGINNER/INTERMEDIATE GYMNASTICS

**6:00-6:50 PM**

Emphasis on balance, coordination, flexibility, strength, and FUN! Introduction to beam, vault, bars, and tumbling. **(Proper attire required: Girls: gymnastics leotard, bare feet, hair pulled back. Boys: bike shorts and fitted t-shirts)**

**\$87.50/7 Weeks | Ages 6.5+ years | Limit: 12**



MCCS encourages and supports the participation of individuals of all abilities in its programs and facilities. Please call if you need a reasonable accommodation to fully participate.

This program is opened to all DoD ID Card holders and their family members. To reduce distractions, parents are not allowed to observe gymnastics or dance classes.