

Barber Physical Activity Center Group Exercise Room Reservation

Today's Date	
Command/Unit	
POC Name and Rank	
Phone	
Email	
APOC Name	
Phone	

Date Needed	
Purpose	
Number of Attendees	
Start Time	
End Time	
APOC	
Equipment Requested	

Please initial that you have read and agree to follow the following policies:

- All equipment used will be cleaned if needed and returned to place it was stored in
- The stereo is for our GX Classes ONLY and is off limits
- Heavy lifting such as Olympic and Power lifting is prohibited
- Lock the room and return the key to the Gym Attendant at the front desk

ALL RESERVATIONS WILL BE VERIFIED BY PHONE AND/OR EMAIL

Barber Gym Contact Information:
Front Desk 703-432-0590
GX Coordinator Lisa Vice 703-784-2339
Fitness Director Veronica Nelson 703-784-2672