

Wednesday
1 January 2025

QUANTICO SPORTS

1st Quarter

Latest news and updates

2025 Sports Schedule

Intramural Soccer - 7 April

3x3 Basketball Tournament - 7 June

Intramural Softball - 2 June

Homerun Derby - 30 August

Intramural Flag Football - 8 September

Dates are subject to change

Quantico wins the Battle of the Bases championship

Marine Corps Base Quantico participated in the 2024 Battle of the Bases slow pitch softball tournament a tournament that host other teams from several installations in the area.

This exciting competition brought together 16 talented teams. In a decisive and dynamic championship game, Quantico emerged as the champion defeating Marine Washington Barracks with an impressive score 15-3.



The Quantico Battle of the Bases team raises the championship trophy at Nationals Park.



The Quantico Battle of the Bases team is presented with the Battle of the Bases championship banner by Base Commander Col. Jenny Colgate, as well as Sean Hudson (Director of Military Affairs), Screech and Racing President Tedd Roosevelt of the Washington Nationals



MCESG after winning the 2024 Intramural Flag Football Championship defeating TECOM 28-8.

Commander's Cup Champions

The Semper Fit Commander's Cup Intramural Sports Program provides active-duty service members a fun, recreational, and competitive sports experience. This sports program focuses on unit competition and camaraderie. Units compete against other units at scheduled events to earn points. At the end of the scheduled year, the unit with the highest total point value will be awarded a trophy.

The Commander's Cup helps promote combat readiness, esprit de corps, leadership, teamwork, and loyalty. The program helps identify and enable athletes with exceptional skills to continue to higher levels of competition.

The reigning Commander's Cup champion is Marine Corps Embassy Security Group (MCESG). In 2024, MCESG finished first in Intramural Flag Football, second in Soccer, and participated in Softball.

Commander's Cup point values:

- First place: 60 points
- Second place: 40 points
- Third place: 30 points
- Participation: 10 points

MCESG earned 130 total points. The Commander's Cup will be presented to MCESG at the start of the 2025 season. MCESG retains the Cup for one year. Past Commander's Cup champions:

- 2024 MCESG
- 2023 OCS
- 2022: MCSC
- 2021: HMX-1
- 2020: FINANCE

QR code for website



Important Dates:

Interest meetings:

1130 Health Promotion Classroom
BPAC

- Soccer 26 February
- Softball 30 April
- 3v3 Basketball 7 May
- Flag Football 6 August
- Battle of the bases 18 June



"Screech" tosses the ceremonial first pitch at the start of Intramural Softball.