



ACTIVE DUTY SWIMMING PROGRAM

Available Now

Private Swim Lessons: 6:00 AM - 6:45 AM and 7:00 AM - 7:45 AM
Private swim lessons are designed to give Marines one on one time with a Water Safety Instructor to work on individual skills.

Water Skills Group Clinic: 11:30 AM - 12:30 PM
Group activity with varying weekly lessons designed to aid individuals with Swim Survival Training.

Mondays/Tuesdays/Wednesdays
Thursdays (Make up day)

FREE TO ACTIVE DUTY.
SIGN UP TODAY AT THE QUANTICO 50M POOL

FOR MORE INFORMATION, CALL
703.784.2973



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