



NEW PARENT SUPPORT PROGRAM

July 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2	3 Play Day	4 Happy 4th JULY	5
6	7 Play Day	8	9	10 Play Day	11	12
13	14 Play Day	15 Baby Boot Camp MIF Post Partum Support Group	16	17	18	19
20	21 Play Day	22 Pregnancy 101	23 Tots In Tow	24 Play Day **Single Parent Lunch & Learn	25	26
27	28 Play Day	29 Breastfeeding Basics	30 Tots In Tow	31 Play Day		

Notes

Baby Boot Camp: 9 AM – 4 PM | Register on Eventbrite

Breastfeeding Basics:** 11 AM – 1 PM | Register on Eventbrite

Play Day:** 10:00 AM – 11:30 AM | NO REGISTRATION REQUIRED

Single Parent Lunch & Learn:** 12:00 PM – 1:00 PM | Register on Eventbrite

Pregnancy 101:** 11 AM – 1 PM | Register on Eventbrite

Mothers In Formation Postpartum Support Group:** 11 AM – 1 PM | Register on Eventbrite

Tots In Tow:** 8:30 AM – 9:30 AM | NO REGISTRATION REQUIRED

SCAN TO REGISTER
ON EVENTBRITE



**Welcome to mothers who are currently, or will be, breastfeeding

**Welcome to family with children 0-5 years

**Welcome to single parents who want to connect with others

**Welcome to anyone who is pregnant or planning for pregnancy

**Welcome to Active-Duty Postpartum mothers

**Welcome to families with children 0-5 years