

## **Welcome to Quantico Youth Sports!**

Thank you for registering your child to participate in Youth Sports at Marine Corps Base Quantico. We truly appreciate your patronage and the opportunity to shape your child into a great young athlete. We strive to provide a safe, respectful and fun opportunity for your child to gain knowledge and love for a variety of sports.

Your child's registration fee includes the below for each sport

**Basketball:** 8 week season, reversible jersey and participation award, Officials Fees

**Baseball:** 8 week season, jersey, hat and participation award, Umpire Fees

**Soccer:** 8 week season, jersey, socks and participation award, Official Fees

**Flag Football:** 8 week season, jersey, mouth guard and participation award, Official Fees

Uniform extras such as black shorts without pockets are available for purchase for a \$10 additional fee.

You will find sport specific information about the season you registered for on the last page of your handbook.

If you have any questions or concerns, please don't hesitate to contact us whether at the fields, courts, or in the office. We are always available and welcome your feedback and thoughts. Once again, thank you for your patronage in the Quantico Youth Sports Program. We look forward to a fun, exciting and encouraging season!

Kanee' Booth  
Youth Sports Director  
703-784-9756

## **Mission Statement and Philosophy**

The Mission of the Quantico Youth Sports Program is to offer a wide array of organized sport activities for youth to help them develop desirable physical skills and to mature emotionally, socially, and psychologically. Through participation in youth sports, players will gain knowledge of sportsmanship, teamwork, and fair play while developing skills and a lifelong love of sports. We strive to provide a meaningful experience for all players through quality instruction while emphasizing skills such as teamwork, respect, dedication and discipline... and of course FUN!

At Quantico Youth Sports, our philosophy is to provide the best recreational experience to youth of all ages, interest and skill levels by focusing on four core elements.

1. **Fun and Enjoyment:** Provide all youth, regardless of skill level, ages 4-13, with opportunities for participation, fun and enjoyment in a healthy, positive atmosphere.
2. **Skill Development:** Provide youth the opportunity to develop skills in a variety of sports and encourage growth as young athletes.
3. **Physical, Psychological and Social Development:** Help youth grow as not just athletes, but as well rounded, healthy human beings, by teaching fundamental and safe sport skills appropriate for their age, fostering the development of self-worth and personal identity, and by learning independence and importance of teamwork.

4. Concept of Winning: Players can learn from both winning and losing if winning is placed in a healthy perspective. While winning is not the primary goal of Quantico Youth Sports, players can learn valuable life lessons from winning and defeat. Sportsmanship, dedication, effort and teamwork are all factors that lead to a win and can be taught in the sports environment. Defeat can teach sportsmanship, how to recognize mistakes and correct them, and can build character when faced with an unwanted result.

### **Contact Information**

Quantico Youth Sports staff are always available to answer any questions, lend assistance or discuss any concerns you may have. Please don't hesitate to contact us by any of the following methods:

Kanee' Booth	Youth Sports Manager	703-784-9756	<a href="mailto:kanee.booth@usmc-mccs.org">kanee.booth@usmc-mccs.org</a>
Chris Fralen	Recreation Specialist	703-432-6238	<a href="mailto:Christopher.Fralen@usmc-mccs.org">Christopher.Fralen@usmc-mccs.org</a>

### **Code of Ethics**

All parents/guardians have signed a Code of Ethics in their child/children's registration packet. Quantico Youth Sports holds this Code in high regards and requires all parents and their guests to strictly follow its standards.

- I will remain on site for the duration of all practices and games.
- I will get my child to games and practices on time. If I cannot be there, I will contact the manager, coach or team mom.
- I will support the program by volunteering to assist the team in some way (drinks, snacks...etc.)
- I will ask my child to treat other participants, coaches, officials, parents, and spectators with respect regardless of race, age, sex, creed, or ability.
- I will treat officials and coaches with respect. They are there to provide my child with a safe and healthy learning environment. Officials and coaches deserve the same type of environment from the parents and spectators.
- I will let the coaches do the coaching for all of the team members.
- I will be my child's best fan; I will support him or her unconditionally.
- I will positively acknowledge my child's effort, as well as his or her support of other team members.
- I will encourage my child to learn to lose with dignity and win with grace.
- If my child's performance produces strong emotions in me, I will maintain a calm demeanor. My relationship with my child remains long after the competitive sport days are over. I will keep my goals and needs separate from my child's experience.
- I will support and root for all team members. Doing so fosters teamwork and I will encourage my child to do the same.
- I will model good sportsmanship at all times during practices and competition.
- I will understand and display appropriate game behaviors (e.g., watch; make positive remarks; don't berate players, officials or coaches). I will remember that my child's self-esteem and game performance are at stake. I will be supportive.
- I will demand a drug, alcohol, and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.
- I will let other family members and friends who attend my child's game know what constitutes as appropriate and supportive behavior.
- I will HAVE FUN!

### **Emergency Action Plan**

In case of emergency (severe weather, thunder, lightning, etc.), all coaches must follow the below procedure to ensure the safety and location of all players:

- Immediately end practice and gather their team.
- Have their players follow them to the closest shelter and encourage parents/guardians to follow suit.
- Fill in the provided EAP form and turn in to a Youth Sports staff member.

### **Accountability of Whereabouts of Players**

Each coach is responsible for knowing the whereabouts of all players at any given time. Youth Sports encourages all coaches to use the attendance rosters provided at the beginning of practices and make a note of the players that are present. Coaches should continue to do frequent checks (before each activity), to ensure all players are still present.

In case of emergency, parents will be responsible for signing out their child with their coach on an EAP form provided by the coach acknowledging that the child has left with you and is accounted for.

### **Guidance, Touch and Reporting Policy**

Quantico Youth Sports has written in policies in place for positive guidance, appropriate touch and reporting child abuse/neglect. All Quantico Youth Sports coaches have been trained in all three topics by Child and Youth Program professionals. If you fear a child associated with Quantico Youth Sports may be in danger, please report your suspicions to one of the following numbers:

- Family Advocacy Program: (703) 784-2570
- Provost Marshal's Office: (703) 784-2252
- DoD Child Abuse Hotline: 1 (877) 790-1197

### **Concussion Protocol**

In the event any participant exhibits signs or symptoms consistent with a concussion, the participant will be immediately removed from play or practice. A participant may only return to play or practice following the below

- player must be evaluated and receive written clearance from either a licensed medical physician or one of the following health care providers who has training in concussion management and is working in consultation with a medical physician: a neuropsychologist, a licensed athletic trainer, a licensed physician assistant, or a licensed nurse practitioner.

Youth Sports staff members are responsible for removing any coach who knowingly allows a player to play while having a serious injury or knowingly creates an unsafe playing situation.

## Inclement Weather Policy

Practices will be cancelled by the youth sports staff for the below reasons

- inclement weather
- heat advisory (see chart below)
- poor field conditions

If any of the above occur, a decision will be made NLT 1530 during the week and NLT one hour prior to games on the weekends. To inquire about Quantico Youth Sports cancellations, check one of the following options:

- **Youth Sports Weather/Info Hotline**  
**703-784-5637**

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## **U.S. MARINE CORPS CHILD AND YOUTH PROGRAMS**



Green flag: All outdoor activities allowed for all age groups.



Yellow flag: Youth allowed outside for 45 minutes.  
School-Age children allowed outside for 30 minutes.  
No infants outside; pre-toddlers outside for 15 minutes; toddlers and preschoolers allowed outside for 20 minutes.



Red flag: Youth allowed outside for 30 minutes.  
School-Age children allowed outside for 15 minutes.  
No infants and pre-toddlers outside; toddlers and preschoolers allowed outside for 15 minutes.



Black Flag: Youth and School-Age children are allowed outside only for swimming fieldtrips and they must have transportation. No outdoor activity for all other age groups.

### **Practices**

Teams usually practice twice per week for one hour for youth baseball, soccer, and flag football. Practice days are usually Monday/Wednesday or Tuesday/Thursday 1700-1800 or 1800-1900.

Youth basketball usually practices one day per week for one hour or one hour and fifteen minutes.

Teams will not practice on any Federal Holidays or on days that youth sports schedules team pictures.

In the event the head coach cancels practice and the assistant coach is not available, the youth sports staff will be responsible to hold practice that day. Parents who have not been cleared through the youth sports coaching process are not allowed to hold practices.

### **Practice Make-Ups**

Fridays will be available for make-up practice days for any practices that have been cancelled due to inclement weather, heat advisory or poor field conditions.

### **Waitlist Policy**

In the event your child is placed on a waiting list, you will receive a call and or email stating there is space available. You will then have 24 hours from the email/call to register your child. Your child will go to the team in which the other child has dropped. This does not guarantee practice on the same day or time if you have siblings registered. If you add to the waiting list after the registration period a late fee will be added onto the registration fee.

### **No Pet Policy**

Pets are not allowed at any youth sports events with the exception of service animals. Any person who brings a pet to a youth sports event will be asked to leave the field area with their pet.