

# A COMMUNITY OF PRACTICE WORKS!

(Centers for Disease Control, 2016)

- Focusing on shared risk factors and integration of services (rather than operating in isolation) greatly increases the success of prevention and treatment programs.
- Fostering a community of relationship building in which we collaborate and exchange information to support action creates a broader, more diverse network of professionals (of which commanders and leadership are key commanders).
- Building and strengthening partnerships at all community levels significantly increases identification of barriers, as well as access to resources and networks.

***“To all, have zero doubt, Marine Corps leaders want every Marine to be successful... this is an effort to maximize success,”*** said Lt. Gen. Robert B. Neller, commander of U.S. Marine Corps Forces Command and confirmed 37th Commandant of the Marine Corps in a letter to his Marines. ***“This is about each of us as part of a team...we need every player at his/her best.”*** (Lance Cpl. Fatmeh Saad, in a press release from Camp Lejeune in August 2015)

At Quantico, we are seeking to change the stigma of seeking support and normalize prevention and intervention services. In 2017, we introduced the **Partners in Prevention Program**, a tool that will further inspire this change and strengthen our relationships with commands and their service members and families.

## WILL YOU ACCEPT THE COMMAND CHALLENGE?

To complete the **Command Challenge**, choose and complete **5 ACTIONS** within this brochure by **30 DEC 2017**. You must choose at least one activity from each of the four MCCS Behavioral Health Programs (CCP, CSACC, FAP, NPSP).

## STAY IN THE KNOW!

To get the details on all the Behavioral Health activities and events, visit the MCCS Quantico website at [www.quantico.usmc-mccs.org](http://www.quantico.usmc-mccs.org)

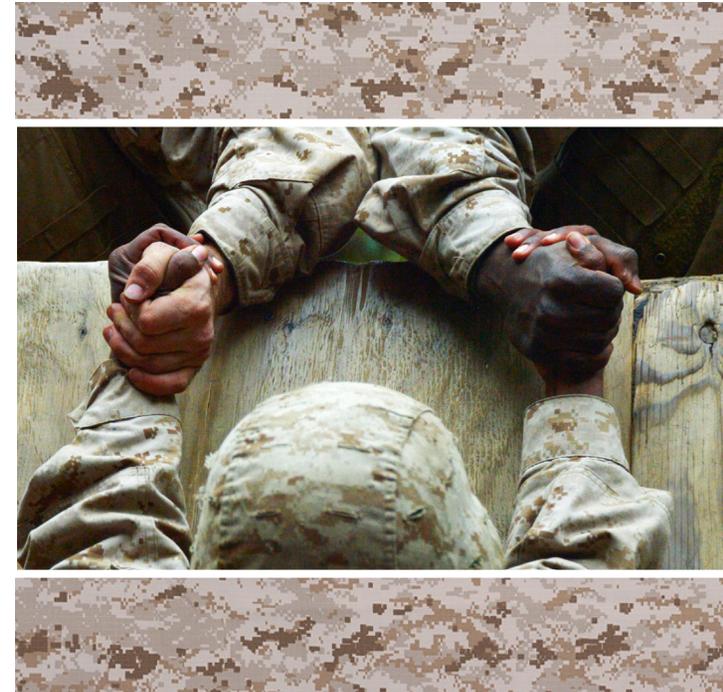
To receive a free monthly e-copy of the Quantico MCCS LIFE Magazine sign up at <http://goo.gl/UZhANz> or scan the code below.



## MCCS BEHAVIORAL HEALTH PROGRAMS

# PARTNERS IN PREVENTION PASSPORT PROGRAM

2017



**Marine leaders are an integral part of prevention and together as Partners in Prevention we can maximize our impact on addressing:**

- Intimate partner violence
- Child abuse and neglect
  - Sexual assault
- Suicide prevention
- Alcohol related incidents



[www.quantico.usmc-mccs.org](http://www.quantico.usmc-mccs.org)

3/22/2017

## COMMUNITY COUNSELING PROGRAM (CCP)

703-784-3523

- Invite CCP staff to brief command staff or Marines on services offered
- Invite CCP staff to brief command staff or Marines about suicide prevention
- Invite CCP to a unit or family event
- Host a Conquering Stress With Strength Workshop in partnership with CCP and Marine Corps Family Team Building
- Introduce CCP initiatives through social media outreach or unit newsletter
- Host a Columbia Suicide Severity Scale Training for your unit
- Refer Marines and families to pre-marital workshops

## NEW PARENT SUPPORT PROGRAM (NPSP)

703-784-4248

- Invite NPSP staff to brief command staff or Marines on services offered
- Host a 123 Magic Workshop for parents
- Invite NPSP staff to a unit event
- Invite NPSP staff to a special family event
- Refer families to Understanding Pregnancy
- Refer families to Infant Massage Workshops (or host a training at your unit!)
- Refer families for lactation support
- Refer families to Baby Boot Camp
- Refer families to Toddler Time or Baby and Me
- Educate families about WIC services or invite NPSP to brief staff on WIC services

## CONSOLIDATED SUBSTANCE ABUSE COUNSELING CENTER (CSACC)

703-784-3502

- Host a Prime for Life workshop
- Invite CSACC staff to brief command staff or Marines on services offered
- Invite CSACC prevention staff to a unit event
- Invite CSACC staff to a special family event
- Introduce CSACC initiatives through social media outreach or unit newsletter
- Coordinate with prevention staff for a customized training or brief
- Host a 100 Days of Summer field day event
- Encourage self-referrals for Marines and their families

## FAMILY ADVOCACY PROGRAM (FAP)

703-784-2570

- Host a couples Married & Loving It Workshop
- Host a Within My Reach Workshop preview for single Marines or Marines struggling in relationships
- Host a Triple P Seminar (Positive Parenting Program)
- Invite FAP staff to brief command staff or Marines and family on services offered
- Coordinate with prevention staff for a customized training or brief
- Refer Marines or family members to Century Anger Management; Coping With Work & Family Stress; or Triple P Seminar
- Refer families to Cozy By the Fire
- Learn more about trauma informed yoga services
- Refer Marines to Co-Parenting Workshop
- Invite FAP staff to a unit or family event



## WILL YOU ACCEPT THE COMMAND CHALLENGE?

To complete the **Command Challenge**, choose and complete **5 ACTIONS** above by **30 DEC 2017**.

You must choose at least one activity from each of the four MCCS Behavioral Health Programs (CCP, CSACC, FAP, NPSP).